

Earth Energies SIG

Visit to Downham Hill on 19th September 2026

Visit Report

Introduction

This was our fifth outing this year, and 10 of us managed to meet up. Although the forecast was wet and windy we ended up having sunny intervals between the odd showers. This was fortunate as we were able to enjoy 360-degree views all around when at the summit. Luckily despite some rain the ground was dry which enabled a relatively easy walk up the steepest parts of the climb. As we approached the top permissions to enter the site were requested and a few words offered to the guardians.

The following report summarises the main findings of the group.

Findings and Comments

At the Eastern End of the Avenue of Trees

- A large tree (an oak?) was evident just before one entered the more formal avenue of trees. This was noticed by several people. One comment made was that this tree was doing a lot of heavy lifting in trying to balance the negative energies of the site. At the end of our visit several of the group stopped to give this tree some healing and attention.
- Just before entering the avenue of trees there was a nodal point with four energy lines crossing at the cardinal compass points with a vortex of energy in a clockwise direction.

Within the Avenue of Trees

- A short distance into the avenue of trees a second nodal point was located, again with four energy lines crossing at the cardinal points, with a clockwise vortex of energy.
- About halfway along the avenue of trees there was a broken stump of an old tree with a magnificent bracket fungus growing on it which received a lot of attention.
- Adjacent to this old stump of a tree on the path through the avenue was a third nodal point with the same energy line configuration and with a strong vortex of clockwise energy. Further investigation of this nodal point showed that this was the location of the tower that had previously existed, which was apparently erected in the fourteenth century.
- Dowsing the location of the tower indicated that the tower had been used both as a prison and a hospital in the past. Several people picked up the negative energy emanating from this area and healing was carried out by the group who were present.

- Further investigation also indicated that the tower had been built on the site of some kind of stone structure, perhaps a barrow or similar structure that seemed to date from a similar period to the local long barrows as at Uley and Selsley.
- It was also interesting to note that one of the energy lines emanating from the nodal point coincident with the preexisting tower lined up with Cam Peak and the Roman Temple at Littledean
- The view from this spot was also magnificent, taking in Cam Peak and the Severn Vale beyond. There was a feeling that perhaps in times long ago there might have been water, probably the sea, surrounding the various different hills in the area.

At the Western End of the Avenue of Trees

- A fourth nodal point was found. Again, with four crossing energy lines at the cardinal points with a clockwise energy vortex.
- At the end of the avenue of trees and beyond were several quite large shallow craters. Dowsing indicated that these were where the isolation hospital had been located. It was found that significant levels of negative energy were found at these craters. Healing was carried out to counter this negativity.

Other Comments

- A beautiful afternoon after mist, rain and wind. The climb wasn't too difficult and felt quite benign though very different qualities became apparent along the path at the top.
- I first wandered down to the left to a grassy hollow with a small Ash tree growing on the side which seemed quite old. Its roots were well anchored though bare and gnarled at the top. A few small branches had leaves with the bark being very ridged and tough but as I came around to the front, I saw it was completely hollowed out, a naked shell open to the prevailing winds. Initially I felt sad for it, but it had a very serene accepting quality as if it knew its time was coming to an end but that didn't matter.
- I had the impression that children had been in that area in past times, so I spent a little longer there and felt quite uplifted. Wandering back down the path I entered the 'avenue' where I wasn't tempted to linger as it felt a bit oppressive, but further on there were splendid huge bracket fungi which received a lot of admiration.
- Further down it opened out again with great views, but I wasn't tempted to linger there either, so I turned back to visit the very large tree near the return path. What a great tree it is, one of those majestic trees with a noble guardianship quality about it that felt safe if a little remote. So, I recharged the batteries there and we wandered back down.

Conclusions

- There was clearly a lot going on at this site considering the Trees, the energy nodes, the isolation hospital remains and the existence of a previous tower, and before that some kind of stone structure.
- In the time available to us it felt that we were only scratching the surface and could well have spent all our time just concentrating on one aspect of the site.
- The site was clearly energetically connected to the wider landscape, and this aspect alone needs further exploration and understanding.
- That a tower existed from the time of King Edward III around the time of the black death is not in dispute, but why it was built and for what purpose needs further investigation as well, although we were given some indication of the answers to these questions.
- Overall, we picked up a lot of negative energies and sadness associated with the site. However, when we left, we clearly had the feeling that we were leaving it in a better state of health than we had found it in.
- Downham Hill should certainly be on our list of local sites that warrants another visit.

Postscript

Before visiting a site, I always measure its energy in Bovis units. Prior to our visit I obtained a reading of 8K units (the energy of a person in fair health). After our visit I obtained a reading of 29K units (Star Sirius). Again, this level of energy seems to be achieved where we have a group of like-minded people all with a positive intent coming together. As before though this information needs to be corroborated.