

Earth Energies SIG

Visit Selsley Long Barrow 15th August 2026

Visit Report

Introduction

This was our fourth outing this year, and 13 of us managed to meet up on a warm, and sunny afternoon. It was a short walk from the car park to the Barrow itself. As we approached permissions to enter the site were requested and a few words offered to the guardians, at which point a shift in energy and a welcoming response was perceived.

Interestingly we found that the area surrounding the barrow was unusually quiet and we consequently had the site virtually to ourselves.

The following report summarises the main observations of the group based on feedback received so far.

Findings and Comments

In the Vicinity of the Long Barrow

- A node located near the western end of the barrow.
- Walking clockwise around the barrow, a significant number of energy lines were found. This was recorded by two people.

On the top of the Long Barrow

- Initially walking alongside the Barrow, the first half of it reaffirmed the impression of female so I decided to sit on top, but as I walked up the easier path of the centre a feeling of sadness arose that made me change my mind, so I stood and sat on the other half. I wondered if it was male, but my pendulum confirmed it was not, but it still felt fractured well below the surface. I went and sat on a mound and asked for impressions. Quite soon a feeling of joy arose, and I saw the circle interlaced triquetra (trinity knot) rising above the mound.
- Three energy points were found on the Long Barrow. The one at the East end and the one in the middle both had anticlockwise spirals coming downwards. They were felt in the throat chakra and were associated with the colour blue. The one on the West end was anticlockwise and felt at the Brow chakra, with colour indigo.
- The deep dip in the centre of the length of the Long Barrow felt very harmonious and to have a calming property. Several of us chose to sit or stand in that dip for a long time.

- A node was located on the eastern side of the Barrow grid ref: SO, 82732 03102, with clockwise energy associated with the Brow chakra, colour indigo with a connection to Vega. Four crossing energy lines located on the cardinal points.
- A second node located in a central area, grid ref SO, 82714 03094. Again, clockwise energy felt to be associated with the heart chakra with connection to Sirius. Four energy lines located on the cardinal points.
- A third node located at the Western side of the Barrow grid ref SO, 82699 03091 with clockwise energy associated with the Brow chakra, indigo colour with connection to Vega. Again, four energy lines crossing at the cardinal points.

Other Comments

- A gently undulating landscape with the Barrow prominent and resembling a reclining female.
- A definite quality of “far from the madding crowd” for the afternoon was most appreciated.
- One or two people picked up on some negative energy affecting the overall harmony of the Barrow. It was agreed that the source of this negative energy was from Gloucester, or more specifically Gloucester Cathedral. One person was able to locate an energy line connection between the third node referred to above and the cathedral.
- A spiritual connection was dowsed between the Long Barrow and Doverow Hill which is on the other side of the valley leading to the Severn Vale.
- An energy line was located between the Barrow and the Randwick Long Barrow.
- There also seemed to be an energy line connecting the Barrow to the Coaley Peak Long Barrow.
- Other sites that gave an indication of being energetically connected to Selsley Barrow include White Leaved Oak, Miserden Hill, Roman Temples at Littledean and Lydney, Downham Hill and Uley Long Barrow.
- I felt that the Long Barrow had been a place for healing. However, several people felt that healing was needed for both the common and the Barrow.
- I sensed that teaching used to take place there in ancient times.

Conclusions

For a site that did not even resemble an ancient Long Barrow a surprising amount of information was gleaned about the site in the short time we were there. It would seem to have been an important venue in times gone by, and perhaps the Barrow’s commanding view over both the valleys of Stroud and the Severn Vale, and far beyond, would have contributed to its importance. With three energy nodes so far located with a total of twelve energy lines passing through it seems almost to be a ley line junction.

Whilst there was quite a lot of consensus on much of the information unearthed it is also recognised that there are some inconsistencies as well, and these will need to be revisited hopefully to resolve them.

It was a concern for a number of people to pick up on the negative energy aspects of the site, and whilst it is felt that we left the site in a more positive state than we found it, there is a feeling that more work and healing needs to be done.

Postscript

Before visiting a site, I always measure its energy in Bovis units. Prior to our visit I obtained a reading of 9K units (the energy of a person in good health). This seems to be a typical energy level reading for a location where no healing, either intentional or not has taken place. After our visit I obtained a reading of 29K units (Star Sirius). Again, this level of energy seems to be achieved where we have a group of like-minded people all with a positive intent coming together. As before though this information needs to be corroborated.