### **Caption Competition**



I couldn't resist using this photo by Patrick Callaghan for a caption competition. In no particular order, the best entries were:

> "Well, I'm gob smacked!" Brian Bailey "Karate Chop Coming!!"

> > Peter Gibson

"My pendulum says your nose should be about here!" Barry Goldring "I hope the Gazette prints this one." Peter Golding

"How high?" Rob Jewell

"Hear no evil, see no evil, speak no evil." Trish Mills

Photo below also taken by Patrick Callaghan. Nothing wrong with the photo, pity about the people! We're hoping to take a better one shortly.

#### **Our new Committee**

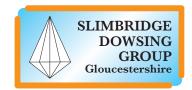
At the AGM, the motion to create the new position of President was approved, and our Chairman, Peter Golding, was duly promoted. We welcome Di Holliday as Chair (and Treasurer), Maureen Jagucki as Secretary, and Brian Bailey as Co-Treasurer to assist Diane. Trish Mills resigned as Publicity Secretary but, as usual, no one took a blind bit of notice so she soldiers on. (She enjoys it really.)



Don't forget you can see reports of most of our events on our website.

## **Slimbridge Dowsing Group Committee**

President	Peter Golding	01453 890316	mailto@petergolding.net
Chairman and Treasurer	Diane Holliday	01452 614345	diane@dianeholliday.co.uk
Vice-Chairman	Jon Martin	01453 547204	jon.martin@tiscali.co.uk
Co-Treasurer	Brian Bailey	01453 824678	bbailey@argonet.co.uk
Secretary	Maureen Jagucki	01453 547703	j.jagucki@02.co.uk
Membership	Barbara Davis	01453 890679	barbara@davis679.fsnet.co.uk
Publicity/Newsletter	Trish Mills	01453 545855	quicksilver7@btinternet.com
Refreshments	Ann Jones	01453 890244	Rc.jones@homecall.co.uk
Field Events Co-ordinator	Barry Goldring	01453 861002	barryandmichele@waitrose.com
Slimbridge Dowsing Group on the internet: www.slimbridgedowsers.org.uk			



## Newsletter

## **Slimbridge Dowsing Group**

Affiliated with the British Society of Dowsers

### Issue 17

## January 2013

#### **Our New Committee**

Congratulations to our new President, Peter Golding, who has been 'kicked upstairs' and retired as Chairman.

Welcome to our new Chair, Diane **Holliday**, who is a very capable lady with lots of appropriate qualifications, who will follow in Peter's footsteps, and no doubt create a few of her own.

An extra warm welcome to Maureen Jagucki, who was on the Committee already, but has nobly taken on the task of Secretary. We are delighted (and relieved) to have a replacement for **Barbara Davis** and must thank her for her five years in this role, and dedication to duty. Barbara continues as Membership Secretary.

Also welcome to Brian Bailey, who has kindly stepped in to assist Di who will continue as Treasurer for the time being. Brian will be taking the money on the door, which frees up Di for other duties.

Thanks are also due to Patrick Callaghan, our resident photographer, who doesn't want to be on the Committee but has kindly agreed to unlock the hall on Saturdays and set out chairs and tables.

And many thanks yet again to **Ann Iones**, our indispensable, loyal and irreplaceable Refreshments Co-ordinator (treasured tea lady to you and me!) who has kindly agreed to do it on Thursdays.

A full list of the new Committee is on the back page, and sincere thanks to those who remain with us. Continuity is important.

#### A word from the New Chair...

I start this job with slight trepidation as Peter Golding's shoes are not easy to fill, but feel privileged to have been asked and voted in by the members.

My thanks to our Committee, a great bunch of people who are my support and of course Peter who, as President will be around to cope with my many questions.

We already have a vibrant group with regular members, many visitors, and I confidently expect more to join us and learn about the many aspects of Dowsing.

This year will be another fantastic twelve months of talks, training, outings and pub lunches, and I look forward to seeing you there. Diane Holliday - Chair

#### **Pub Lunches Venue**

Due to popular demand, we are returning to the Tudor Arms at Shepherds Patch. Turn left out of the hall car park, and it's on your left, just before the canal.

### **Religion and Spirituality**

You may notice a somewhat spiritual turn in our talks this time. It has been said, people are becoming less religious and more spiritual, and some of our speakers seem to reflect this, quite unintentionally.

We are not trying to convert anyone, or change their religious beliefs. With the change in year – in numerology, 2013 adds up to 6 which signifies change – we are simply being introspective and more open at the same time. Trish Mills

## Slimbridge Dowsing Group Programme January 2013 to March 2013

## Thursday 10th January

## **Basic Dowsing Training**

### with Barry Goldring and Peter Gibson

Barry and Peter will be giving a short introduction to the basics of dowsing, mainly intended for our newer members; but there will undoubtedly be interruptions from the more experienced if we miss anything important! We can then split into small groups of mixed abilities and try dowsing for various features around the village hall - a good opportunity to swap ideas and share experiences, and to get some coaching. This meeting is our annual attempt to integrate newer members into the group, so please come along and lend your support.





Most but not all of Avril Holland. Taken from Facebook as seen.

# Saturday 26th January Water, but not as you know it with Avril Holland\*

Water is one of the essentials for all life. Avril is a nurse, educator, reflexologist and dowser, and became fascinated by the power of water after reading a book by Dr Batmanghelidj, entitled Water and salt, your healers from within. Avril's talk, loosely based on his work will consider the why, when and how much water humans need — along with the equally essential salt, in the right ratio — how to conserve water and what may result from too little water over a long period of time.

#### Saturday pub lunch at the Tudor Arms, Shepherds Patch.

By popular demand, we are returning to the award-winning Tudor Arms for our Saturday lunches. Good food, good company. **All welcome**.

## Thursday 14th February **Buddhism** with Jan van der Elsen\*

The main purpose of the talk will be to inform people about one of the fastest growing life philosophies of modern time: Buddhism. Buddhism is not a religion, but a way of life. In fact, many devoted religious people are Buddhists as well. Jan will explain the origins of Buddhism and tell the life-story of the Buddha and his quest to find methods and tools to deal with human suffering. Some of these tools, in particular Meditation, are used around our world today to deal with stress. Jan will also explain some differences between styles of Buddhism like ZEN, Tibetan and Shinghon, and will end by leading us in a meditation.



\* visiting speaker

Unless otherwise stated, Meetings take place in Slimbridge Village Hall on Saturdays at 10.15 for 10.30 am and Thursdays at 1.45 for 2.00 pm.



# Saturday 23rd February From Atlantis to Orion's Belt with Trish Mills

After seven years with SDG, Trish finally plucks up courage to share what she has learned in that time, both through the talks and field trips we have had, plus other research of her own.

"Dowsing has opened me to so many new ideas, insights and theories. We might not have time in my allotted hour to cover everything between Atlantis and Orion's Belt, but I'll give it a go." Bring your rods and pendulum, there might be time for some dowsing at the end.

## Saturday pub lunch at the Tudor Arms, Shepherds Patch. All welcome.

## Thursday 14th March

#### Nuts about Nutrition with Catrina Crute\*

A 'whistle stop tour' of the basic nutrients needed for health.

Catrina will give us a brief description of the macro nutrients; protein, carbohydrates, fats and water and the micro nutrients; vitamins and minerals and their importance in maintaining our health. You will also have the opportunity of a mini health screening and talk to her about any dietary issues you may have. Catrina is a qualified Nutritionist, registered with the BANT (British Association for Applied Nutrition and Nutritional Therapy) and FNTP (Federation for Nutritional Therapy Practitioners) and holds clinics in Gloucester Quays and Chipping Sodbury



## Saturday 23rd March

## The Seven Rays, the Archetypes and the Chakra System with Brian Bailey

Simple dowsing strategies for advancing our spiritual growth. We shall also briefly discuss issues and concepts such as compassion and spirituality, intent, guides, karma and reincarnation, Jungian concepts, meditation, mantras, divination and dowsing, the Runes and symbology.

