

# Slimbridge Dowsing Group Newsletter March 2022

Founded by Peter Golding.

Affiliated with the British Society of Dowzers



## Communication

Dear Members and Friends,

Another month has passed by.

Paul our Chairman, having had 2 operations and resting at home, went down with COVID! Paul was hit hard by the virus, but is recovering well.

---

We wish Paul a speedy recovery and send him healing.

Our new Vice Chairman David Howard is continuing to hold the fort and many thanks David for your extended role .

Thank You to Teresa Dellbridge for an interesting ZOOM talk in February on 'Honouring Natures Cycles' and how it related to Pagan and Wiccan beliefs. There are plenty of festivals going on out there!.

This month we are finally getting back to a semblance of normality by meeting face to face again at Whitminster Village Hall. The meeting details are below. Please remember to bring your £10 membership fees with you if you are renewing your membership and allow time to fill in the new membership form before the meeting.

Kind Regards

Editor

---

## News

The British Society of Dowzers would like to know what you would like the role to be ongoing. If you have not received their questionnaire to fill in then use the link below to access it.

[https://docs.google.com/forms/d/e/1FAIpQLSet5Jk2CuzuPOxPcOTDgV\\_S2ezHJfSz7JkmoJVUv\\_9BZwo1Zw/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSet5Jk2CuzuPOxPcOTDgV_S2ezHJfSz7JkmoJVUv_9BZwo1Zw/viewform?usp=sf_link)

Form to be completed by the 9th of March if possible.

Bristol Dowzers are having a meeting with Rosanne Jacks on Lucid Dreaming on the 18th of March. 7.00pm for 7.30pm start. £5 Admission. All welcome. Free tea and coffee. 14 Tyndalls Park Road, Bristol, BS8 1PY.

---

## 2022 Programme

---

### March Programme

**Saturday 12th of March. 10am for a 10.30am start.**

#### Meet and Greet Saturday



A chance to talk to other members and get to know each other a bit better.

Free tea, coffee and biscuits.

Have your say about what type of content our meetings/field trips should have for the coming year.

Get tips/advice on your dowsing.

Learn to dowse for the first time from our own membership and utilise their wealth of knowledge.

Try out other dowsing tools if you feel your pendulum or rod is not working for you.

Browse the library to book out a book and return any books that you have borrowed.

#### **Community Meeting - Tuesday 22nd of March. 7.00pm for a 7.15pm start on Zoom.**

Chat from the comfort of your own home with other members from all over the country.

Latest hot topic for the chat - what is happening at the British Society of Dowsters? Did you complete their questionnaire?

The meeting is free of charge and can be viewed through Zoom via the link below.

<https://us02web.zoom.us/j/86396103366?pwd=K1l1S3ZJeWNvQ0hveTdyR1oyazFKZz09>

The Zoom Meeting details are: Meeting ID: 863 9610 3366 Passcode: 020828

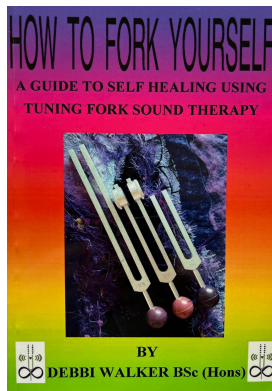
---

## Library / Resources

The library is a key membership resource which can be actively utilised at our face to face meetings. We are expanding it into a centralised resource for more than just books. There is other equipment available to borrow. As the Pandemic restrictions have been loosened, our resource is now available again. Some members now allow members to share their own libraries where they wish to. There is a magazine share now running with copies of Dowsing Today by the BSD.

### Book Review by Lawrence Wadsworth

**How to Fork Yourself - A Guide to Self Healing Using Tuning Fork Sound Therapy by Debbi Walker.**



Perhaps not the best title to grab your attention, however this book contains a lot of information to anyone who is interested in sound as a source of healing. The author, who has a background in the nursing profession, studied to become a Sound Practitioner having benefited from sound therapy following a debilitating illness.

In the book we learn how the author became motivated to devote her life to sound therapy, and to set up the Suara Sounds Academy. This is followed by an introduction to vibrational sound energy healing. We then have details of the research she carried out with volunteers using her own bespoke sound healing processes, together with the results which include client case studies, and a number of testimonials.

There is also a fairly comprehensive chapter on Chakras, explaining what they are, and how an imbalance can lead to physical effects in the body. Therefore the physical problems associated with each chakra are gone into with some depth. Other energy centres are also covered including the pineal and thymus glands. This leads us to how to use tuning forks for healing, and sets out the other tangible benefits. The remainder of the book is given over to tuning forks, their history, the frequencies of sound used, together with their specific healing properties. Practical information on the use of tuning forks is also covered with a number of examples given of their success.

For further in depth studies of sound therapy a number of authors are given, however for a compact introduction to the subject this book serves well. The only downside is that it is not readily available to purchase, and to the best of my knowledge can only be purchased from the author's website (<https://suarasoundhealing.com>) as part of a healing package that includes tuning forks, and sound CDs which is not cheap. However I am willing to lend my own copy to anyone who is interested.



---

## What's in a photo

Why don't you connect to it through the picture and see what you can feel / find. Dowsing is an excellent tool to do this.

A couple of questions you may like to ask / Find out. But don't be limited by these questions - see what **YOU** get.

- Its location ?
- What's nearby ?
- What else can you see/feel/connect to?
- What's the pattern nearby



---

Again what's in a photo

Connect again - What do you find? →

- What is it ?
- Where is it ?
- What is special about it ?
- A Name?

This is a real test of your dowsing and we would love to know your answers.

Please bring them to our members' talk where we can discuss or email one of us so we can circulate to everyone.





---

## Membership

As a reminder to all members with paid subscriptions for 2020, your membership had been automatically extended to December 31st 2021. The payment had been deferred until March until we could meet in person again. You will be required to fill in a membership renewal form with your payment for accounting and data protection legislation purposes.

Contact our membership secretary Anna Howard for a membership form and details of how to renew your membership/join up. We have designed new membership forms to ensure that we are fully GDPR compliant and will be asking all members to complete the new forms in due course. Forms will be available at face to face meetings at Whitminster Village hall.

For anyone reading this newsletter who is not currently a member, the annual fee is only £10, so please join us in 2022. Guests pay £5 entry to meetings, members £3. Members have a say in the running of the Group.

---

## Contact Us

Chairman	Paul Syrett	<a href="mailto:paul.syrett@icloud.com">paul.syrett@icloud.com</a>	07836 588027
Vice Chairman	David Howard	<a href="mailto:davidhoward186@btinternet.com">davidhoward186@btinternet.com</a>	
Secretary	Anna Howard	<a href="mailto:aehoward58@gmail.com">aehoward58@gmail.com</a>	07512 802666
Membership Secretary	Anna Howard		
Treasurer (temporary)	Suzanne Nickolay	<a href="mailto:suzanne.nickolay@icloud.com">suzanne.nickolay@icloud.com</a>	07793 057655
Field Events Coordinator	Paul Syrett	<a href="mailto:paul.syrett@icloud.com">paul.syrett@icloud.com</a>	07836 588027
Librarian	Lawrence Wadsworth	<a href="mailto:lawrencewadsworth@me.com">lawrencewadsworth@me.com</a>	01453 899052
Social Media/Newsletter	Rob Gerrish	<a href="mailto:rob.gerrish@blueyonder.co.uk">rob.gerrish@blueyonder.co.uk</a>	0117 9476865
Catering Officers	Teresa Dellbridge/Suzanne Nickolay	<a href="mailto:teresadellbridge@gmail.com">teresadellbridge@gmail.com</a> / <a href="mailto:suzanne.nickolay@icloud.com">suzanne.nickolay@icloud.com</a>	