

# Slimbridge Dowsing Group Newsletter March 2021

Founded by Peter Golding.
Affiliated with the British Society of Dowsers



## Making Connections

## Dear Members and Friends,

Welcome to another Newsletter addition.

March already - where did the last couple of months go?

As 2020 came to an end and we realised that we really would need to come up with more creative ways to keep in touch and maintain the momentum of our local dowsing community, the challenges of technology and organisation for an online world seemed overwhelming. In such a short time, it seems that we have become very much more au fait with "Zoom" and although we still experience the odd technical challenges, for the most part our ability to get together in this way has led to some very entertaining and interesting events.

Having given it some thought at the end of the year, the Committee suggested gathering twice a month with a formal talk on the second Tuesday and an informal get together on the fourth Tuesday.

At the time of writing, we have had two very successful talks with the first being on Dowsing and based on the talk that I gave in Whitminster Village Hall in January 2020 (who could have imagined then how the world would have changed in the intervening period).

I am delighted to report that the 12th January talk was attended by 82 people from as far afield as Yorkshire and the southern tip of Cornwall. This talk on Dowsing was updated to look at how our dowsing skills can help us to cope with the challenges of the global pandemic. I think that those who attended found it helpful to learn or to revisit some of the history and principles of dowsing and there was a lively Q&A session after the formal talk was over.

The second talk was entitled Re-enabling Kinship and was presented by Catriona Macdonald. I was introduced to Catriona by a friend last year and have attended her course on animal communications. The talk was both fascinating in the subject matter and extremely entertaining with Catriona presenting for just over an hour and finishing with a wonderful Heart Field practice meditation. It dovetailed beautifully to the dowsing talk as they both shared the commonality of connection. I highly recommend checking out Catriona's website. <a href="https://www.wildkinship.com">www.wildkinship.com</a>

We have held two members-only forums, both of which have been very enjoyable with lively discussion, thoughts and debate on dowsing related subjects. I would say more a shared discussion down the pub - but without the pub bit sadly!

One of the lessons learnt from the forum discussions is to add flexibility. So we will start the meetings earlier at 7pm and you can join and leave at any time through it - to fit your evening. Just like being in a Cafe/pub coming and going. What do you think?

I hope this encourages you to join on future occasions even if you can only stay for 10 minutes. The next forum is on March 23 and the forum meeting details are enclosed in the programme element of the newsletter..

I hope you have all been keeping well during the lockdown and, as always, if you are struggling at any time, please remember that the dowsing community is here to offer you friendship and support. On that note, I am sorry to report that Barry Goldring has been unwell and will be forced to take a step back from the committee for the foreseeable future. I know you will join me

in wishing him a speedy recovery and will be pleased to know that his good looks, charm humour and effervescent wit remain in full working order.

Unfortunately, this also means that we will have to wait a little longer to hear Barry's insights on detrimental energy lines which he was due to share with us at next week's meeting. I am delighted to report that Teresa Dellbridge has kindly agreed to take his place and will be presenting to us a talk entitled "Earth and Equinox, Attuning to the Land and the Cycle of the Seasons". We will be sharing further details on this during the next day or two. I am really looking forward to hearing Teresa's talk and hope as many of you as possible will be able to join us.

Namaste

Paul

Chair

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#### News

We would like to wish Peter Golding a Very Happy 90th Birthday on the 6th of March.

## **Dowsing Tips**

When using angle rods to dowse, the sensitivity of your response is partly governed by how you hold the rods. When holding the rods, gradually bring the far ends up until you reach the tipping point, where the rods swing back to you. The aim is to keep the rods just below the tipping point when dowsing for a response.

If you are dowsing for a yes/no response to a question and are standing or sitting still, then moving forward slightly can help to initiate a response. If you are fairly new to dowsing, always check the response before you start, by using 'show me yes' and 'show me no'.

Dowsing responses can vary from one hand to the other. For example your rods may cross when finding something underground, but your right hand rod, when used for a yes/no response on its own, may swing right for a yes and left for a no.

When dowsing, always keep your mind clear of any thoughts except for the thing you are dowsing for. Try to keep an emotive attitude of calm anticipation. If you try too hard, it can be counter productive to getting a result.

Rob Gerrish

## **2021 Programme**

Our booking at Whitminster Village Hall for the second Saturday of the month remains in place, so as soon as we are able, we will plan to continue with these meetings.

As you can appreciate with the evolving Covid situation and the various government tests for opening up our society, it is impossible to speculate as to exactly how this will work out over time but we aim to be adaptable and evolve as necessary.

We imagine a future where we combine face to face meetings with Zoom access to allow for everyone's individual circumstances and preferences and hope that we shall be able to organise outside field trips.

Our first monthly meetings have taken place and the forum formats with bot Q&A and free flow formats seemed to go down well.

For the online speaker talks, we have set up a waiting room to join the meeting 15 minutes before they start to help assist people with any technical issues joining the meeting and this has proven to be invaluable to those who have needed it.

For any of the ticketed talks, we will ensure that tickets will be available to be purchased after the start time, just in case you have been distracted.

## **March Programme**

March 9th 2021 - Earth and Equinox : Attuning to the Land and the Cycle of the Seasons - Teresa Dellbridge



Exploring the ways we can connect to nature, to our roots and the rhythms that underpin life, including experiences with trees and stone circles.

#### About this event.

During this talk Teresa will discuss ways we can communicate with trees and how dowsing can help us to communicate.

We shall also be looking at the importance of wells, standing stones and ancient sites. Teresa will share some of

the experiences that she and her husband have gained, in finding re-enchantment.

Teresa will also talk about the meaning of the Equinox and how we can mark this cycle, for celebration and attuning.

Teresa is a counsellor, hypnotherapist, healer, author and Wiccan High Priestess.

Her greatest joy is walking the land and connecting with Nature, believing that one of the most healing tasks we can undertake, for ourselves and the planet, is to find the sacred once more within the earth, and re-establish a soul connection with trees, animals and the world around us. Magic is everywhere!

Please click on the link to purchase a ticket to the event.

https://www.eventbrite.co.uk/e/earth-and-equinox-attuning-to-the-land-and-the-cycle-of-the-seasons-tickets-144459978685

#### March 23rd 2021 Informal community Meeting - Via Zoom from 7pm onwards to 9:30pm

This will be our third community forum and we welcome input from members on topics for discussion.

Please click on the link to join the meeting, however we will also send it out closer to the time

https://us02web.zoom.us/j/82972672443?pwd=TEhVbEJCSmpUS2ovL3V6cXZZS2VyUT09

Meeting ID: 829 7267 2443 and Passcode: 807978

## **April Programme**

April 13th 2021 Being rearranged.

#### April 27th 2021 Informal community Meeting - Via Zoom

This will be our fourth community forum and we welcome input from members on topics for discussion.

A Zoom link will be circulated closer to the day.

## **Library / Resources**

The library is a key membership resource which was actively utilised at our face to face meetings. Our plans to expand it into a centralised resource for more than just books took a back seat when we were no longer able to get together.

As the Pandemic continues to prevent our meetings, we plan to find new ways to enable members to access these resources and are also looking to expand the collection to allow members to share their own libraries where they wish to. As a first step, Paul is going to add his catalogue of books, numbering in excess of 500 to help expand our collection.

## Membership

As a reminder to all members with paid subscriptions for 2020, your membership has been automatically extended to December 31 2021.

For anyone reading this newsletter who is not currently a member, the annual fee is only £10 so please join us in 2021 for a year in which we will learn to make the most of one of the key tenets of dowsing - "Connection".

Contact our membership secretary Anna Howard for a membership form and details of how to renew your membership/join up. We have designed new membership forms to ensure that we are fully GDPR compliant and will be asking all members to complete the new forms in due course. More on this to follow.

### **Contact Us**

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