



Newsletter

Slimbridge Dowsing Group

Founded by Peter Golding

Affiliated with the British Society of Dowsers



Issue 75

October - December 2026

Chairperson's Message

Warm greetings to all members and friends as we approach the Autumn Equinox and the final quarter of our programme. Evenings are darkening and the season of hauntings and mystery draws us inwards. Such a good time to explore the esoteric, from our own innate abilities to other forms of knowledge, so extensively catered for in our wonderful – and always growing – library. Our recent quarter has been tree-focussed, starting with a talk on the 'Consciousness of Trees' by Andrew Edgar, in July and followed by a field trip to the Tortworth Chestnut, led by Terry and Teresa Dellbridge. This theme continues into September, when Teresa hopes to take you 'Into the Wildwood'. What better place to be as the autumn shadows gather!

Please set aside time to attend our Equinox Special Evening, with Matt Bells, learning about Ascension and Star Families. This is a new departure for us. And don't forget our Special Interest, Earth Energies Group, led by Lawrence Wadsworth, offering opportunities to explore the soul essence of our county. We have had some memorable experiences, from freeing trapped spirits to understanding the energy grid that underpins our lives. Engaging in healing is so important, and something we can all be part of. Once again a massive thank you to Lawrence, for inspiring and coordinating this.

On December 12th we have our AGM, so please join us for a bit of celebration, election of officers and a look at the year to come. We very much hope that our quarter's programme will appeal, and that you will join us for a chat and food at the George in Cambridge, on the A38, after our Saturday morning talks.

Spin off groups are run through Whatsapp, if you are interested please tell Teresa. As always, full details can be found on our website, printed newsletter or by talking to a committee member. You can also contact teresadellbridge@gmail.com or text 07833752173. We are always delighted to receive inquiries and suggestions.

Equinox blessings,

Teresa

October Programme

October 10th. 10:30-12:00. Whitminster Village Hall. GL2 7NN.

The Stones of Mona and The Beings of the Earth.

Presented by Jayne Tovey.

A personal journey through the sacred landscapes of Anglesey and North Wales

In this deeply personal and thought-provoking presentation, Jayne Tovey explores the ancient megalithic landscapes of Ynys Môn (Anglesey) and North Wales through the combined lenses of archaeology, dowsing, intuition, and spiritual experience.

Beginning with the Neolithic tombs, standing stones, and Bronze Age copper mines of the region, the talk examines the possibility that these ancient monuments were far more than burial sites alone. Through careful observation, energetic investigation, and quiet listening, Jayne reflects on the idea that many of these places functioned as ceremonial thresholds, initiation chambers, and sacred landscapes aligned with the rhythms of Earth and sky.

The presentation journeys through sites including Bryn Celli Ddu, Barclodiad y Gawres, Trefignath, Din Dryfol, Bodowyr, Ty Newydd, Lligwy Burial Chamber, the Great Orme copper mines, and Capel Garmon. Along the way, Jayne shares the messages, symbolic experiences, and moments of deep intuitive connection.

Themes explored include:

- The Druids and their relationship with the land
- Sacred geometry and prehistoric symbolism
- Ley lines, vortices, and earth energies
- Initiation, transformation, and symbolic rebirth
- The sacred feminine and masculine within the landscape
- Ancient monuments as living thresholds rather than silent ruins

Blending historical insight with personal reflection, this talk does not seek to prove or persuade, but to invite deeper listening — to the land, to memory, and to the possibility that the Earth itself still communicates in subtle and meaningful ways.

At its heart, *The Stones of Mona and the Beings of the Earth* is a journey of reconnection: with nature, with ancestral wisdom, and with the quiet voice carried within stone, silence, and spirit.

THE STONES OF MONA AND THE BEINGS OF THE EARTH

My Spiritual Journey with the Tombs of Anglesey

A Talk with Jayne Tovey
Slimbridge Dowzers Present

A journey through energy and ancient voices

Join Jayne on a personal exploration of Ynys Môn (Anglesey),
connecting with ancient tombs and stone chambers,
sharing messages received from the stones themselves.

A unique blend of story, spirit, and subtle listening —
inviting reconnection with the wisdom of earth and silence.

Whitminster Village Hall. GL2 7NN.

Saturday 10th October 2026

Doors open at 10:00am for a meeting start at 10:30am.

£5 members, £7 guests with a complementary beverage and biscuit.

“The stones are not silent — they are waiting.”

November Programme

November 14th. 10:30-12:00. Whitminster Village Hall. GL2 7NN.

The Significance of Dreams with Alex Heron.

Why do we dream?

What are they for?

How can we interact with our dreams to bring more magic and beauty into our lives?

This talk will explore aspects of dreaming such as:

- Sleep cycles
- Dreamwork techniques
- Using your dreams as an oracle
- Mexican dream geography
- Ways to improve dream recall
- Dealing with unpleasant dreams
- Lucidity in dreaming
- Dreams and healing
- Dreaming and death
- Dream 'bridging'
- Pyramid of dreams
- Precognitive dreams
- Dreaming and moon cycles

Alex Heron is an experienced teacher and trainer. He has been studying dreaming and dreamwork since the early 1990's.

He is qualified in psychology, educational training, counselling, shamanic counselling and Active Dreaming.

He has trained extensively in groupwork, shamanism and Mesoamerican dreaming practices.

His dreaming teachers include Marilyn Tunneshende, Jonathan Horwitz, Sergio Magana and Robert Moss.

For the last 10 years Alex has offered and presented a series of one-day and weekend Dreamwork courses.

Alex's work background includes English teaching, both in UK schools and TEFL in Romania, and many years as a specialist advisory teacher for children with emotional and behavioural difficulties in Bristol, UK.

December Programme

December 12th. 10:30-12:00. Whitminster Village Hall. GL2 7NN.

Annual General Meeting and Christmas Meal.

Following the AGM and reports, we are going to provide a psychometry challenge – six items in numbered boxes, for people to test their intuitive skills by divining the contents.

The Christmas Meal is being held at the George in Cam. Please let Teresa know if you are attending the meal to book a place. Price and menu choices will be available closer to the time when the George has them available.

Meeting venues vary, please see individual meeting information above.

Meetings on the second Saturday of the month, unless they are a special event.

9:45am for 10:30am start unless otherwise stated. £5 members, £7 guests.

Free beverage and biscuits.

News

Our website is available, www.slimbridgedowsers.group. There is the program of events for 2026 on the events page, a Blog of past events and much, much more.

A memorial to Peter Golding has been placed in Slimbridge Village Hall, it portrays a hand, made of wire, holding a crystal pendulum.

We will no longer be having a bar at our evening special events, as there was not enough demand for it. We do have access to glasses and openers at our venues.

Membership

Membership fees will remain at £10 for 2026 and we hope as many of you as possible will join our dowsing community this year.

Membership forms are available from members of the committee or on the member's page of the website.

<https://slimbridgedowsers.group/membership/>

Special Interest Groups

In 2025 members raised interest in starting a water dowsing SIG and this was organised by Jon Walker. Please contact Jon if you want to be added to his 'WhatsApp' group for event details.

Since then more interest has been shown in starting an Earth Energies SIG and Archaeological SIG. Lawrence Wadsworth is leading the EE group. Please contact Lawrence if you wish to be added to the SIG, email eesig@slimbridgedowsers.group .

Earth Energies Special Interest Group Report

Since our first visit to Cam Peak as reported in the last newsletter, we have visited a further three sites, namely Uley Long Barrow, Miserden motte and bailey castle and Selsley Long Barrow. It has been encouraging to have had a good attendances at each site, where there have been ample opportunities to dowse energy lines, vortexes, underground springs and much more besides. It has also been interesting to uncover that many of these sites would appear to be energetically connected, although this remains a work in progress.

Our next visit is planned for Saturday 19th September when we visit the local Downham Hill. In the meantime, all information on the sites we have visited, and the reports of our findings can be found on the Dowsing Group's website.

We have a section allocated to us on the Dowsing Group's website where we publish and record our activities. <https://slimbridgedowsers.group/membership/eeg-sig/> .

Library / Resources

Please may I remind you that you must be a fully paid up member of the SDG to borrow books and other materials from the library. Please return books promptly after reading them to allow others the chance to read them.

CHANGES: There is a new sign placed behind where publications newish to the SDG Library are placed (by the SDG Library Catalogue Ring Binder).

BEWARE: Sometimes, there may be a table (s), near to the Library tables, that has / have books, or other items, for sale. Those do not have anything to do with the SDG Library. That Sales Table(s) will probably have a "For Sale "sign on it.

CATEGORIES FOR LISTINGS ON BOOKS AND OTHER PUBLICATIONS

ADMITTED TO THE LIBRARY: or for which Talks Speakers recommend.

- Whenever possible, I will include the following, both in notifications and in the Library Catalogue:
The KIND of Publication: for example: Book, Booklet, DVD, CD.
- The TITLE OF THE BOOK, including the extra titling.
- The AUTHOR'(s') NAMES.
- The NAME of the PUBLISHER(s).
- The YEAR or DATE of PUBLICATION
- The ISBN NUMBER (=International Standard Book Number): Useful if you want to find or order a copy from a physical, or online, bookstore, and there are similar titles or authors' names.
- ALTERNATIVE MEDIA AVAILABLE: for example E-Book, CD, DVD, if known.
This is for increased accessibility, such as eyesight or reading difficulties.
- SUBJECT CATEGORY (suggested, as used by Slimbridge Dowsing Group)

ITEMS NEWLY ADMITTED TO THE LIBRARY:

- *Book: "HILLFORTS OF THE COTSWOLDS" by Sean Campbell. Amberley Publishing, Stroud. ISBN: 978 1 4456 6002 8. Donated by David Foxton, on the 11th of July, 2026.*

BOOKS MENTIONED DURING A RECENT TALK:

- In the 11TH of July, 2026, Talk: "The Consciousness Of Trees", by Andrew Edgar, he mentioned some books that he suggested would be worth us reading, and that I believe he implied had inspired him. As I wrote some notes during Andrew's talk, I am able to supply you with their details. N.B. I have not read any of them.
- "Nature Spirits And Elemental Beings" by Marko Pogacnik. Findhorn Press. 1 June, 2012 ISBN 13: 978-1844092536. *Also available as an E-Book.*
- "Meetings With Remarkable Trees, by Thomas Pakenham. Orion Publishing Group. 10 September, 2015. ISBN-10:147460147. *Available as an E-Book and as an Audiobook.*
- "Woodlands A Compelling Natural History of the British Landscape and Its Trees"
by Oliver Rackham. Publisher: William Collins. ISBN-10 : 0008156913;
ISBN-13: 978- 0008156916, *Available as an E-Book.*
- "How To Read A Tree", by Tristan Gooley. Hodder Press. 30 12 2024.
ISBN-10:1529339626. ISBN-13 : 978-1529339628.
Also available as an E-Book and as an Audiobook.

- “Finding The Mother Tree”, by Dr Suzanne Simard. Penguin 3rd March, 2022.
ISBN-10 : 0141990287. ISBN-13 : 978-0141990286. *Also available as an E-Book and as an Audiobook.*
- “The Forest Breathes”, by Dr Suzanne Simard. Publisher: Allen Lane. 31st March, 2026. *Also available as an E-Book and as an Audiobook.*
- “The Pattern Of The Past”, by Guy Underwood. Museum Press 1st January, 1969. Abacus Books 17 /11 /1972. Only secondhand. Review by Watkins Books: “The Pattern Of The Past supposes some powerful cosmic force which covers the surface of (? Earth) (? has been) ignored in this scientific age. Guy Underwood had stumbled on an ancient mystery. In these pages will be found accounts of its influence on animal life, on vegetation, and above all on early man, who used it to set out the great prehistoric monuments of Britain.”
- (All the books that he cited are available in print, except “The Pattern of the Past” which is only available as second hand (lowest price online seen £24.61).
- Those above aforementioned books might be of interest to those of you are interested in trees, and their special qualities. They would complement our recent Field Trips: to The Whiteleaved Oak, on the 10th of May, 2025, and to The Tortworth Chestnut, on the 8th of August, 2026.

Slimbridge Dowsing Group Committee 2026

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Catering Officers	Position available	
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